

**NEW LIFE MEDICATIONS LIST**  
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**This list Only includes examples** of drugs in each category. The policy applies to **ANY MEDICATION** classified in **ANY CATEGORY.**

**PROHIBITED MEDICATIONS AND SUBSTANCES**

<u>CATEGORY OR CLASSIFICATION</u>	<u>EXAMPLES</u>
1. Alcohol	
2. Amphetamines (Stimulants)	Ritalin, Adderall, Concerta, (Includes energy drinks)
3. Anticonvulsants	Lyrica, etc.
4. Antidepressants	Trazadone (Desyrel), Elavil, Cymbalta, ALL MAO Inhibitors,
5. Antipsychotics	Depakote, Trazadone, Saphras, Haldol, Abilify, Seroquel, Risperdal, Geodon, etc.
6. Antibiotics	Bactrim DS, Bactrim DS, etc.
7. Antidote (Opioid Antagonists)	Naltrexone, Vivitrex, Naloxone, Narcan, Zynol, etc.
8. Barbiturates (Downers)	Phenobarbital, Seconal, Butisol, Nembutal, etc.
9. Benzodiazepines	Xanax (Alprazolam), Ativan (Lorezepam), Klonopin (Clonazepam), Librium, Serax, Halcion, Restoril, Valium, etc.
10. Muscle Relaxers	Flexeril, Robaxin, Soma, Baclofen, Zanaflex, Norflex, Skelaxin, etc.
11. Narcotics	Lortab, Norco, Hydrocodone, Dilaudid, Morphine, Codeine (Includes Tylenol 1-4), Darvocet, Percocet, Demerol, Ultram, etc.
12. Other PROHIBITED medications	Depakote, Phenergan, Hydroxyzine, Atarax, Vistaril, Buspar, Subutex, Suboxone, etc.
13. Nerve Medications	Gabapentin (Neurontin), Pregabalin (Lyrica) etc.
14. OVER THE COUNTER MEDICATIONS (OTCS)	<u>Dramamine, NO LIQUID MEDICATIONS OF ANY KIND, No medications containing diphenhydramine(Benadryl,, Tylenol PM, etc., NO medications containing pseudoephedrine(Sudafed, Allegra D, Claritin D), etc.</u>

**ALLOWED MEDICATIONS**

15. <u>Antidepressants</u>	<u>Zoloft (Sertraline), Paxil(Paroxetine), Prozac (Fluoxetine), Celexa(Citalopram), Lexapro(Escitalopram, Effexor</u>
16. <u>OTCS (allowed at the discretion of the counselor)</u>	<u>Tylenol, Motrin, Aleve, Claritin(regular), Cough drops, Alka-Seltzer Plus, Antibiotic ointment, Multivitamins, Bixcodyl(laxative), etc.</u>
<u>Prescriptions for specific medical problems</u>	<u>Blood pressure, diabetes, heart problems, etc.</u>